



February 2018 ~ Lunch Menu MVES School



MENU SUBJECT TO CHANGE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	4	5	6	7	8
Alternate Lunch Choice For This Week: Toasted Cheese Sandwich	Chicken burger on bun Baked Beans Fruit & Veggie Bar, Milk	Pizza Caesar Salad Cottage Cheese Fruit & Veggie Bar, Milk	Scrambled Eggs & Ham Home Fried Potatoes, Biscuit Fruit & Veggie Bar, Milk	Chicken & Gravy on a biscuit Cranberry Sauce Fruit & Veggie Bar, Milk	Hot Ham & Cheese Sandwich Corn Chowder Fruit & Veggie Bar, Milk
	11	12	13	14	15 Early Release Day
Alternate Lunch Choice For This Week: Pizza Munchable (flat bread, mozz cheese, pizza sauce)	Rodeo Burger on bun Roasted Ranch Potato Wedges Fruit & Veggie Bar, Milk	Cheesy Pizza Bites Marinara Sauce Caesar Salad Roasted chick peas Fruit & Veggie Bar, Milk	Roasted Turkey Mashed Potato, Gravy Roasted Squash, Dinner Roll Fruit & Veggie Bar, Milk	Heart Shaped Chicken Nuggets, Waffles Frozen Juice Cup Fruit & Veggie Bar, Milk	Bag Lunch: No 2 nd choice Wow Butter & Jelly Sandwich, Cheese Stick Sun Chips, Carrot Sticks Apple, Milk
	18	19	20	21	22
No school this week	NO SCHOOL – PRESIDENT’S BIRTHDAY	NO SCHOOL – WINTER BREAK	NO SCHOOL – WINTER BREAK	NO SCHOOL – WINTER BREAK	NO SCHOOL – WINTER BREAK
	25	26	27	28	1 Dr. Seuss Birthday
Alternate Lunch Choice For This Week: Ham & Cheese Sandwich	Toasted Cheese Sandwich Tomato Soup Baked Beans Fruit & Veggie Bar, Milk	Pizza Caesar Salad Cottage Cheese Fruit & Veggie Bar, Milk	Cheesy Ham & Potato Casserole Dinner Roll Fruit & Veggie Bar, Milk	Pasta & Meat Sauce Garlic Toast Fruit & Veggie Bar, Milk	Hop on Popcorn Chicken Poodle Noodles with Gravy Truffula Trees (broccoli florets) Grinch Grapes Pink Ink Yink Drink (strawberry milk or other milk choices)

Contact Tina M Fabian, Food Service Director, for questions or concerns at 207-568-4607 or e-mail tfabian@rsu3.org

Encourage your child to go outside and have some Winter Fun!



THIS ESTABLISHMENT IS AN EQUAL OPPORTUNITY EMPLOYER & PROVIDER